

BOFAS Annual Scientific Meeting
AHP day
Thursday 5th November 2026

09:30-11:00 Session 1: Ankle instability

Chairs: Alison Miller

09:30-09:42	What is ankle instability	<i>Dan Marsland</i>
09:42-09:54	Diagnosis	<i>Nikki Kelsall</i>
09:54-10:06	Initial management/ rehab options	<i>Alison Miller</i>
10:06-10:18	Podiatry options	<i>Andrew Cumming</i>
10:18-10:30	What to do when rehab has failed- surgical options	<i>May Labidi</i>
10:30-10:42	Post-op Rehab	<i>Jo Benfield</i>
10:42-10:54	Mistakes I have made - Panel	
10:54-11:00	Q&A	

11:00-11:30 Tea Break

11:30-12:15 Session 2: Complex presentations: neurological masquerades

Chairs:

11:30-11:42	What should I consider as abnormal?	<i>Karen Blagojevic</i>
11:42-11:54	What tests might I consider?	<i>Lucy Bailey</i>
11:54-12:15	Case presentations – Panel	

12:15-13:15 Lunch

13:15-14:45 Session 3: Wisdom in Practice: what else should I consider?

Chairs: Jo Benfield

13:15-13:27	Footwear considerations vs barefoot-	<i>Neal Jacobs</i>
13:27-13:39	The impact of foot problems- psychologist perspective	<i>TBC</i>
13:39-13:51	The impact of foot problems- patient perspective	<i>Facilitated by Nikki Kelsall</i>
13:51-14:03	Metabolic syndrome	<i>Neil Langridge</i>
14:03-14:15	Prehab	<i>Georgina Hooper</i>
14:15-14:27	Career planning: what does a good service look like? How do I set up an MDT?	<i>RNOH</i>
14:27-14:45	Q&A	

14:45-16:15 Join main meeting